

# Aftercare – Anti Wrinkle Injections

Congratulations!

You have just undergone anti wrinkle injections with one of Australia's best Cosmetic Doctors! Anti wrinkle injections soften wrinkle by relaxing muscles, and can reduce sweat and oil production too. For best long term results on keeping wrinkles at bay, you should have anti wrinkle injections every 4-6 months.

Please refer to the below information to ensure the best outcome and optimal healing.

*What to expect.*

- Your results will start to be seen in 3-4 days, with the final result and strongest effect taking 2-4 weeks.
- The results will last 2-5 months, wearing off gradually.
- Small bumps at the injection sites are normal and will wear off quickly.
- Mild redness and swelling is possible, and will resolve.
- Slight bruising may occur. Ice can be applied for a few hours after your procedure to reduce bruising and swelling.
- If you would like a more pronounced result at your next treatment, then more anti wrinkle product will be needed. The opposite is true if you want a less pronounced effect.

*What to do.*

- Avoid touching the treated area for 4 hours after your procedure.
- Refrain from strenuous exercise for 12 hours to reduce the risk of swelling.
- Abstain from excessive alcohol for 24 hours to reduce the risk of bruising.

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When to get in touch.

*If you:*

- Develop severe pain, fevers or worsening swelling and redness at the treatment site.
- Develop hives or other rashes around the treatment site.
- Have concerns about your treatment after 2 weeks have passed.

If you develop any of the below symptoms, please present to your nearest emergency department immediately or call an ambulance.

- Swelling around the eyes or airways.
- Difficulty swallowing, speaking or breathing.

You may be interested in the following treatments that can complement your anti wrinkle treatment:

- [Dermal fillers.](#)