

# Aftercare – Penis Enlargement

Congratulations!

Congratulations! You have just undergone a non surgical penis enlargement with one of Australia's most trusted penis enlargement specialists. You can look forward to enjoying improved confidence and performance with your results!

Please refer to the below information to ensure the best outcome and optimal healing.

*What to expect.*

- Your results will be instantly noticeable, and will improve over 2-4 weeks as the healing process occurs.
- Your size increase will generally last up to 24 months, at which time you can have a repeat treatment. It is not uncommon to see results last longer, with many men electing to have more conservative 'maintenance' treatments every 1-2 years.
- Swelling and bruising may occur, and will generally resolve within 1 week.
- There may be some discomfort when having an erection. This is temporary and related to the procedure.
- Lumps are uncommon, but generally resolve over 4 weeks.

*What to do.*

- Abstain from all sexual activity for 2 weeks following your procedure to reduce the risk of infection and affecting the outcome.
- If you have been advised by Dr Aaron to massage the treatment area, then do so as instructed.
- Wear supportive underwear for 2 weeks.
- Avoid strenuous exercise for 48 hours to reduce swelling.
- Abstain from alcohol for 24 hours after your procedure to reduce bruising.
- Complete your course of antibiotics in full, as prescribed by Dr Aaron.
- Avoid hot environments for 48 hours to reduce swelling.
- Refrain from swimming, baths, spas and other water based activities for 1 week to reduce the risk of infection. Showering is OK.

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When to get in touch.

*If you:*

- Develop hives, rashes or skin discolouration.
- Suffer fevers, sweats or worsening swelling and redness at the treatment site.
- Experience a prolonged erection (lasting more than 2 hours continuously) following your procedure.
- Have difficulty urinating after your treatment.
- Have concerns about your treatment.

If you develop any of the below symptoms, please present to your nearest emergency department immediately or call an ambulance.

- Swelling around the eyes or airways.
- Difficulty swallowing, speaking or breathing.
- If you experience a prolong erection lasting more than 4 hours.

You may be interested in the following treatments that can complement your penis enlargement:

- [Anti wrinkle injections.](#)
- [NewGenesis™ skin rejuvenation.](#)
- [Jawline masculinisation.](#)
- [Nose fillers.](#)
- [Dermal fillers.](#)
- [NewStem™ volume and collagen restoration.](#)
- [Fat dissolving.](#)
- [Thread lifting \(non surgical face lift\).](#)



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